

• You are invited to •
MONTHLY FILM NIGHT



A L L W E L C O M E !

A Monthly Film and Support Forum has been designed especially for YOU
Exploring Natural Pregnancy/Childbirth and Family Building Subjects
with time to share your interests and stories

Monthly Feature Film Schedule at the Birth Cottage

Short newscast each month, **'HypnoBirthing'**, Your Calm and Peaceful Birthing Option.
See and Learn the truth about Birth and Birthing a Woman's Way. - **PLUS**

- **November 14: Nourishing Traditions - The Key to Vibrant Health**, The Best Natural and Sacred Foods for Heathy Babies and Families, **Part 1 - Sally Fallon**
- **December 12: Nourishing Traditions - The Key to Vibrant Health**, The Best Natural and Sacred Foods for Heathy Babies and Families, **Part 2 - Sally Fallon**
- **January 9: Nourishing Traditions - The Key to Vibrant Health**, The Best Natural and Sacred Foods for Heathy Babies and Families, **Part 3 - Sally Fallon**
- **February 13: Nourishing Traditions - The Key to Vibrant Health**, The Best Natural and Sacred Foods for Heathy Babies and Families, **Review with visuals and handouts.**

Date: 2nd Thursday of every month in 2013 **Time:** 7:30-9pm — supported by your Presence and Love Offering

Place: The Birth Cottage, 260 East Sixth Avenue, Tallahassee, FL 32303

Check the Monthly Movie Update at:
<http://www.awomanswayfl.com>

Limited seating please call to reserve your place
or for more information contact:
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850.877.4718



This practitioner is affiliated
with the HypnoBirthing®
Institute and is currently
certified and authorized to
teach the complete
HypnoBirthing Program.
HypnoBirthing® - The Mongan Method

