

Become a HypnoBirthing Childbirth Educator

A Four Day Training that will not only change your life, but the families you work with!

What can we do for you?

Starting a new career in Childbirth Education?

Let's get all your questions answered.

Welcome!

I am Phyllis Fisher, Faculty Member and Certified Master Trainer in US and abroad for the HypnoBirthing® Institute.

Firstly, I want to congratulate you on taking this step to learn more about HypnoBirthing®, and the opportunity to start your own business empowering couples to have the most positive pregnancy, birth and journey to parenthood possible. This work is incredibly rewarding!

What we are sharing with you here is more than a business. Our educator's are vehicles of change in a culture of over medicalization of childbirth, and therefore feel a deep passion and gratitude to be assisting parents in one of the most transformational times of their lives. Let's get your questions answered.

Welcome to HypnoBirthing® and the wonderful world of Childbirth Preparation Education!

Are you the right person to join our team?

If you are passionate about positive birth, and believe that all couples should prepare for pregnancy, birth and parenting through education that enables them to be informed and empowered, then we are off to a great start!

And, if you are ready to create or expand a business that enables you to make a difference in the lives of others, and gives you an income and flexibility for yourself and your family, you are just the person we are looking for!

If you are a Midwife, Doula, Nurse, Doctor, Healthcare Provider, Women's Health Physiotherapist, Hypnotherapist, Psychologist, Yoga/Pilates Instructor, Naturopath, Massage Therapist, Childbirth Educator, HypnoBirthing® Parent or have an interest in maternal health and birthing, then we want you to help us spread this message of calm, positive and gentle births.

Why train with HypnoBirthing® International?

HypnoBirthing® International (The Mongan Method) was founded over 28 years ago by Marie (Mickey) Mongan. Our program is now in 76 countries globally, and all our educators are Gold Certified by The HypnoBirthing® Institute.

We are a Global Brand

As a certified member of The HypnoBirthing® Institute, your certification is recognized nationally and internationally, and you would be trained with the original and official HypnoBirthing® program. Our program is the only HypnoBirthing® program with that

recognition. HypnoBirthing® has become a household name. You will receive our Gold Seal to display on your marketing material to show you are certified with the HypnoBirthing® International Institute.

International Recognition

When choosing a HypnoBirthing® educator's program, you want to be sure that you are getting the very best in education, preparation and support. Our comprehensive program is modern, up to date, meets US and Australian Education Standards and continually adapts to reflect the latest evidenced based care and research.

Comprehensive Program • Evidenced Based Support

Since the HypnoBirthing® International program is evidenced based it's recommended by many hospitals, obstetricians, midwives and health professionals. This is important, as you can take confidence from the results and that our program is the only researched and evidenced base program in U.S., U.K., Australia, and worldwide. The program is running in many birth centers and hospitals with more hospitals starting up our programs, because of the significant reductions in the need for chemical inductions, pain medications, c-sections and epidurals. We are dedicated to your success, and therefore have a professional team working with ongoing support for you and the families you work with.

You will be supported through regular newsletters, webinars, study days, an online educator's group forum, as well as being supported and referred by our international ranking website. When you join our team, you join a supportive community.

Tell me about the certification course?

If you haven't had previous experience with pregnancy, birth or hypnotherapy, that's okay, as our comprehensive program offers all components to ensure that you are confident and competent in all areas of teaching the program.

The certification course includes 3 components with assessments (112 hours of study):

- 1- A Four Day Training (32 hours) with Introduction to Hypnosis for Birthing or Birth Basics (component 1)
- 2- The Educator's Certification (component 2).
- 3- A Home Study of Introduction to Birthing Basics (component 3)

Assessments/Reviews including a case study is then submitted for certification.

At the training you will receive:

- Up-to-date training workbooks with easy to follow lesson plans for 5 scheduled HB class meet-ups.
- The HypnoBirthing® Book & 4 Audio files by Marie Mongan including Rainbow Relaxation MP3
- Film files of official and empowering HypnoBirthing® births
- Class presentations and resources
- Access to our online resource system of all parent handouts, forms, marketing materials, process outlines and promotional presentations
- Marketing basics and how to build a successful practice
- And more.....

HypnoBirthing® International (The Mongan Method) is recognized as the Premium and Gold Standard of Childbirth Education and the HB Gold Standard CODE of ETHICS.

3 Components to the Training

All of our educators go through an extensive face-to-face training with the Institute's faculty trainers. None of our training takes place online, as we believe face to face training is imperative for you to be able to confidently deliver the program successfully to each couple.

Introduction to Hypnosis for Birthing

If you don't have prior training in hypnotherapy, you will be required to complete this component. In this introductory course, students are given a comprehensive overview of the exciting field of hypnosis. This fun, fast paced and highly informative training covers the mechanics of hypnosis and gives hands on practice to equip you to competently work with HypnoBirthing® couples using hypnosis for birthing.

Educator Certification

This dynamic and interactive training provides you with a solid understanding of the HypnoBirthing® philosophy, techniques and course material. Once completed you will be ready to confidently work with couples teaching the 5 session course and have all the steps and materials needed to start your business.

You will receive the HypnoBirthing® Book, Audio and Visual Files's, the latest Syllabus with the hypnosis scripts needed and class outlines, as well as all resources you need to start teaching.

Introduction to Birthing Basics

If you don't have prior training in Physiology of Birth (are not a midwife, doula, or ob, etc.), you will be required to complete this component. This component gives you a comprehensive overview of the physiology of birth. You will receive the syllabus, 6 hours of video and a textbook to study.

Each component of the training has its own assessment/review. We see these assessments as an extension of the learning process, so that we are sure that when you are certified, you feel confident, and can competently teach the program, philosophy and techniques.

You are required to complete for certification:

- Reviews / assessments for each component on the syllabus, textbooks and digital material
- Case study working with one couple
- See HypnoBirthing Course Content below

HypnoBirthing® Certification Course Content

Discover what you'll know

Birthing Basics Overview

For those not yet certified as birthing professionals

- The Beautiful Female Birthing Body
- Anatomy of The Female Reproductive System
- Conception and Early Fetal Development
- Characteristics of the Uterus
- The Baby's Support System
- Three Trimesters of Pregnancy
- Physical Changes during Pregnancy
- Fetal Positioning during Pregnancy
- Turning Breech Presented Babies
- Labor Signals: Normal, Unanticipated
- Characteristics of Managed Labor
- Characteristics of HypnoBirthing® Labor
- Onset of Labor
- Optimal Fetal positioning during Birth
- Labor Stages as Defined in Typical Birthing
- Labor as Defined in HypnoBirthing®

Hypnosis for Birthing Overview

For those not yet certified in Hypnosis

- Applications of Hypnosis
- Attitudes About Hypnosis
- Basics of Brainwave Activity
- Laws of the Mind
- Rationale for Hypnosis in Birthing
- Understanding Clients' Learning Styles
- Direct and Permissive Hypnosis Approaches
- Dangers of Unqualified Therapy
- Steps to Achieve Hypnosis
- Mind/Body Associations and Applications
- Judging Trance Depth
- Guidelines for Achieving Change
- Eye Fixation/Closure
- Elman · Ericksonian · Shanti Leads
- Eyelift Conversion Lead
- Deepening Techniques
- Posthypnotic Suggestions
- Alerting Styles
- Mother-Directed Birthing

HypnoBirthing® Certification Course Content

Educator Certification Overview <ul style="list-style-type: none">• Philosophy and Beginnings of HypnoBirthing®• How the Uterus Works in Birthing• What's Wrong with Labor• How Fear Affects Labor• The Origin of Fear and Pain in Labor• Prenatal Bonding and Fetology• Selecting Care Providers• Preparing the Mind for Birth• Hypnosis Deepening and Visualization• Releasing Fear• Preparing the Body for Birthing	<ul style="list-style-type: none">• Building a Partnership with Care Providers• Turning Breech-Presented Babies• Looking at the "Estimated Due Date"• Avoiding Artificial Induction• Preparing Birth Preference Sheets• How the Body Prepares for Birth• The Onset of Labor• Perinatal and Prenatal Bonding• Breathing Through Labor• Breathing with Birth• Bonding with Baby
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What are the costs?

See current classes and costs website: <http://www.awomanwayfl.com> and <https://awomanswayfl.com/hypnobirthing-educators-workshop>

Tell me about the support I'll receive?

We value our team, and pride ourselves on the support system for our educators, as well as the wonderful community worldwide.

We are dedicated to your success!

HypnoBirthing® International, offers their educators worldwide:

- Online Resource Center
- Listing on the HypnoBirthing® International Website
- Membership which is professionally recognized by The National Guild of Hypnotherapists, One World Birth (award winner Marie Mongan), IACT The International Association of Counselors and Therapists, The Royal College of Midwives (RCM), The Australian College of Midwives (ACM), The Australian Hypnotherapists' Association, Childbirth & Parenting Educators of Australia (CAPEA), and more.
- Quarterly Newsletter
- Online Educators' Forum from with a network of birth professionals around the world connecting 24/7
- Annual Conclave/Symposium
- Regional Liaisons
- Free 2 year digital subscription to Pathways to Family Wellness Magazine
- First year's membership with certification training.
- Study Days
- Online Training Webinars

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- Supervision opportunities
- Networking opportunities
- Social Media Marketing Campaigns
- A committed leadership team to support educators
- HB Materials distribution center

Contact Us

If this sounds like something you'd love, then give me a call & let's have a chat to answer any questions you may still have.

You can book directly by calling me, and we offer payment plans if that would suit your needs.

I look forward to talking with you & meeting you at a training soon.

You can also email any questions or request a call to me at:

phyllis@awomanswayfl.com

Office: 850-877-4718

Cell: 850-508-3877

HypnoBirthing SMILES!

Phyllis Fisher

Join our training today and bring HypnoBirthing® to your neighborhood!